## **OAM 2020 Spring Conference Volunteer Activity**

## **Charity Fundraiser**



This year, we will host our 5<sup>th</sup> annual OAM Charity Fundraiser. Join us in a 5K/1 Mile Walk to Benefit OhioCan <u>http://www.ohiocanchangeaddictionnow.org/</u>. Take this opportunity to join friends to create a positive impact outside the courtroom.

OhioCan seeks to help all those impacted by substance abuse, the user and those closest to them who also feel the effects. They advocate on behalf of these individuals and families in a non-judgmental way. They offer peer to peer support to individual, families and friends regardless of their recovery status. They also seek to educate communities about substance use, medical based treatment and practices to reduce harm and promote health and wellness.

They employ a harm reduction approach working with family and friends of drug users. Their motto, "You cannot control what happens to you, but you can control your attitude toward what happens to you, and in that, you will be mastering change rather than allowing it to master you."

We look forward to seeing you there!



<u>Location:</u> Kalahari Premises <u>Date:</u> Wednesday, April 29th <u>Start Time:</u> 5:00 PM Suggested Donation of \$20 If you are unable to join us, please feel free to donate. Here is a copy of their wish list to aid in their Blessing Bags:

- Soap, Shampoo/Conditioner
- Snacks
- Pens/Pencils/Highlighters, Notebooks
- Hats/Gloves, Socks

Bring your running/walking shoes and join in! Please RSVP when you register for the conference.